

O-CAL-D 500 mg

Use: as a dietary supplement.

Directions: Adults: take 1 tablet one or two times a day with food, or as recommended by a doctor.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Vitamin D (as cholecalciferol)	200 IU	50%
Calcium (as oyster shell)	500 mg	50%

Other Ingredients: maltodextrin, acacia gum, microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, titanium dioxide, magnesium stearate, Yellow #5, Blue #1.

Keep out of the reach of children.

Store at room temperature. Protect from excessive heat and moisture.

Safety sealed: do not use if the imprinted under the cap is broken or missing.

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