Calcium Chewable Tablets 500 mg

Uses: as a dietary supplement. Calcium helps build strong bones.*

Directions: Adults: chew one tablet 2 to 3 times daily,

preferably with meals.

SUPPLEMENT FACTS

Serving Size 1 Tablet

| Amount Per Tablet | | % Daily Value |
|-----------------------------------|--------|---------------|
| Calories | 5 | |
| Total Carbohydrate | 1 g | <1%+ |
| Sugars | 1 g | ** |
| Calcium (as calcium carbonate) | 500 mg | 50% |

⁺Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: sugar, dextrose, vegetable cellulose, vegetable stearic acid, acacia gum, malic acid, natural and artificial flavors, silica, sodium chloride, vegetable magnesium stearate.

Warnings: Ask a doctor or pharmacist before use if you are taking any medications. Stop use and ask a doctor if any adverse reactions occur.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Store in a cool, dry place.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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^{**}Daily Value not established.