

Tamper-evident: do not use if the imprinted seal under the cap or the band around any capsule is broken or missing.

PEEL

Sleeping Capsules

Drug Facts

Active ingredient (in each capsule)	Purpose
Diphenhydramine HCl 50 mg	Nighttime sleep-aid

Uses

helps you fall asleep if you have trouble falling asleep
relieves occasional sleeplessness

Warnings

Do not use for children under 12 years of age with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have glaucoma
a breathing problem such as emphysema or chronic bronchitis
trouble urinating due to an enlarged prostate gland

118x2.4

Outside label

Drug Facts (continued)

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product avoid alcoholic drinks

Stop use and ask a doctor if sleeplessness lasts continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

adults and children 12 years and over: take 1 capsule at bedtime if needed, or as directed by a doctor

Inside label

Drug Facts (continued)

Other information

each capsule contains: calcium 55 mg
store at controlled room temperature: 15 °C to 30 °C (59 °F to 86 °F)
to report serious side effects due to the use of this product
call (515) 276-1586

Inactive ingredients

corn starch, dicalcium phosphate anhydrous, D&C yellow no. 10, FD&C yellow no. 6, gelatin, iron oxide black ink, pharmaceutical glaze, polysorbate 80, povidone, sugar, talc

Base label - adheres to bottle