

VITAMIN B-1 TABLETS 100 mg

Uses: as a dietary supplement. Helps increase energy.*

Directions: Adults: take 1 tablet daily preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%Daily Value	
Thiamine (vitamin B-1) (as thiamine hydrochloride)	100 mg	6,667%
Calcium (as calcium carbonate and dicalcium phosphate)	80 mg	8%

Other ingredients: cellulose (plant origin), croscarmellose, vegetable magnesium stearate, silica.

Keep out of reach of children.

If pregnant or breast-feeding, ask a health professional before use.

Store at room temperature. Protect from excessive heat and moisture.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by: Weeks & Leo Co., Inc. Tel: (515) 276-1586

588v2.1