

Vitamin B-12 Tablets 500 mcg

Uses: as a dietary supplement. For cardiac and nerve support.*

Directions: Adults: take 1 tablet daily, preferably with a meal. Take as a regular tablet or place under tongue for 30 seconds then swallow.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Vitamin B-12 (as cyanocobalamin)	500 mcg	8,333%

Other ingredients: mannitol, crospovidone, natural cherry flavor, beet juice color, sucralose, vegetable magnesium stearate.

Warnings: Ask a doctor before use if you are pregnant, breast-feeding, or taking any medications. Stop use and ask a doctor if any adverse reactions occur.

Keep out of reach of children.

Store in a cool dry place.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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