

Vitamin B-12 Tablets 2500 mcg

Use: as a dietary supplement.

Directions: Adults: take 1 tablet daily. Place tablet under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Vitamin B-12 (as cyanocobalamin)	2,500 mcg	41,667%

Other ingredients: mannitol, crospovidone, natural flavor, beet juice color, sucralose, vegetable magnesium stearate.

Warnings: Ask a doctor before use if you are taking any drugs. Stop use and ask a doctor if any adverse reactions occur.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Store in a cool, dry place.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

(515) 276-1586

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