

Vitamin D-3 Softgels 5,000 IU

Use: as a dietary supplement. Supports calcium absorption and strong bones.*

Directions: Adults: take 1 softgel daily, preferably with a meal.

SUPPLEMENT FACTS

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin D (as cholecalciferol)	5,000 IU 1,250%

Other ingredients: soybean oil, gelatin, vegetable glycerin.

Warnings: Ask a doctor or pharmacist before use if taking any medications. Stop use and ask a doctor if any side effects occur.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Store in a cool, dry place.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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