

Vitamin D-3 Softgels 1,000 IU

Uses: as a dietary supplement. Supports calcium absorption and strong bones.*

Directions: Adults: take 1 or 2 softgels daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel		% Daily Value
Vitamin D (as cholecalciferol)	1,000 IU	250%

Other ingredients: soybean oil, gelatin, vegetable glycerin, purified water.

Warnings: If you are pregnant, breast-feeding, or taking any medications, consult your doctor before use. Stop use and ask a doctor if any adverse reactions occur.

Keep out of reach of children.

Store in a cool, dry place.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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