

VITAMIN D-3 TABLETS 400 IU

Uses: as a dietary supplement. Helps support bones and joints.*

Directions: Adults: take 1 tablet daily preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% Daily Value
Vitamin D (as cholecalciferol)	400 IU	100%

Other ingredients: dicalcium phosphate, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.

Keep out of reach of children. Ask a health professional before using if you are pregnant or breast-feeding.

Store at room temperature. Protect from excessive heat and moisture.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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