

NUTRI-VIMIN

Use: as a dietary supplement.

Directions: Adults: take 1 caplet daily preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

	Amount Per Caplet	% Daily Value
Vitamin A (as vitamin A acetate & beta carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid & from Rose hips (<i>Rosa canina</i>) (fruit))	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	100 IU	333%
Thiamine (vitamin B1)(as thiamine mononitrate)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1471%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin	25 mcg	8%
Pantothenic acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as dicalcium phosphate)	42 mg	4%
Iron (as ferrous sulfate)	10 mg	56%
Phosphorus (as dicalcium phosphate)	25 mg	3%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium sulfate)	7.2 mg	2%
Zinc (as zinc sulfate)	15 mg	100%
Selenium (as sodium selenate)	30 mcg	43%
Copper (as copper sulfate)	0.25 mg	13%
Manganese (as manganese sulfate)	6.1 mg	305%
Potassium (as potassium sulfate)	10 mg	<1%
Choline Bitartrate	150 mg	*
Inositol	75 mg	*
PABA (as para-aminobenzoic acid)	30 mg	*
Betaine Hydrochloride	25 mg	*
Bioflavonoids (citrus spp.) (fruit)	25 mg	*
Rutin	25 mg	*
Hesperidin	5 mg	*
Alfalfa (leaf)	1 mg	*
Kelp (plant)	1 mg	*
Lecithin	1 mg	*
Parsley (leaf)	1 mg	*
Watercress (plant)	1 mg	*

*Daily Value not established.

Other Ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, magnesium stearate, red #40 lake, polyvinylpyrrolidone, titanium dioxide, blue #2 lake.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store product at room temperature. Protect from excessive heat and moisture.

Safety Sealed: do not use if the imprinted seal under the cap is broken or missing.

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