

DAILY VITAMIN PLUS IRON

Use: as a dietary supplement.

Directions: Adults: take 1 tablet daily preferably with a meal.

SUPPLEMENT FACTS

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value	
Vitamin A (as retinyl acetate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	15 IU	50%
Thiamine (vitamin B-1) (as thiamine mononitrate)	1.5 mg	100%
Riboflavin (vitamin B-2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine hydrochloride)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%
Pantothenic acid (as calcium pantothenate)	10 mg	100%
Iron (as ferrous fumarate)	18 mg	100%

Other ingredients: dicalcium phosphate, stearic acid, gelatin, croscarmellose sodium, magnesium stearate, hydroxypropyl methylcellulose, magnesium silicate, silica, titanium dioxide, polyethylene glycol, FD&C yellow no. 5 lake, mineral oil, FD&C yellow no. 6 lake, sodium lauryl sulfate, methocel, polyvinylpyrrolidone.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6.

Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature, tightly closed. Protect from excessive heat and moisture.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.