

# O-CAL-D 500 mg

**Use:** as a dietary supplement.

**Directions:** Adults: take 1 tablet one or two times a day with food, or as recommended by a doctor.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Vitamin D (as cholecalciferol)	200 IU	50%
Calcium (as oyster shell)	500 mg	50%

**Other Ingredients:** maltodextrin, acacia gum, microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, titanium dioxide, magnesium stearate, Yellow #5, Blue #1.

**Keep out of the reach of children.**

**Store** at room temperature. Protect from excessive heat and moisture.

**Safety sealed:** do not use if the imprinted under the cap is broken or missing.

**Distributed by:** Weeks & Leo Co., Inc. Tel: (515) 276-1586 604v2.3