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# Chromium Picolinate Capsules

**Uses:** as a dietary supplement. Helps metabolize fat, protein and carbohydrates.\*

**Directions:** Adults: take 1 capsule daily.

## Supplement Facts

Serving Size 1 Capsule

|                                   | Amount Per Capsule | % Daily Value |
|-----------------------------------|--------------------|---------------|
| Chromium (as chromium picolinate) | 200 mcg            | 167%          |

**Other Ingredients:** maltodextrin, gelatin, silicon dioxide, magnesium stearate.

**Warnings:** ask a doctor before using this product if you have diabetes.

**Keep out of reach of children.**

**If pregnant or breast-feeding,** ask a health professional before use.

**Store** in a cool, dry place. Keep tightly closed.

**Safety Sealed:** do not use if the imprinted seal under the cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Distributed by:** Weeks & Leo Co., Inc. Tel: (515) 276-1586

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