

Ferrous Sulfate Tablets

Each tablet contains Dried Ferrous Sulfate 202 mg (equivalent to Ferrous Sulfate 325 mg which provides 65 mg of elemental iron).

Uses: as a dietary supplement. Helps build red blood cells.*

Directions: Adults: take 1 tablet daily, preferably with a meal and drink plenty of fluids.

SUPPLEMENT FACTS

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Iron (as ferrous sulfate)	65 mg	361%

Other ingredients: vegetable cellulose, povidone, vegetable stearic acid, FD&C yellow no. 6 lake, vegetable magnesium stearate, FD&C blue no. 1 lake, titanium dioxide color.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Ask a doctor or pharmacist before use if you are taking any drugs. Stop use and ask a doctor if you notice any side effects.

If you are pregnant or breast-feeding, ask a health professional before use.

Store in a cool, dry place.

Safety sealed: do not use if the imprinted seal under the cap broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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