

# Flaxseed Oil Softgels 1000 mg

**Uses:** as a dietary supplement. Helps to maintain cholesterol levels that are already within the normal range.\*

**Directions:** Adults: take 1 softgel two times daily preferably with food.

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Softgel	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%#
Polyunsaturated Fat	0.5 g	**
Flaxseed Oil	1 g	**
Alpha-Linolenic Acid	500 mg	**
Linoleic Acid	200 mg	**
Oleic Acid	200 mg	**
Palmitic Acid	60 mg	**
Stearic Acid	40 mg	**

# Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established

**Other ingredients:** gelatin, glycerin, St. John's Bread extract.

**Keep out of reach of children.**

**Store** in a cool, dry place.

**Safety sealed:** do not use if the imprinted seal around the cap is broken or missing.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Distributed by:** Weeks & Leo Co., Inc. Tel: (515) 276-1586

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