

Fish Oil Softgels 1000 mg

Uses: as a dietary supplement. Helps to maintain heart and vascular health.*

Directions: Adults: take 1 softgel 3 times daily, preferably after a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value	
Calories	10 mg	
Calories from Fat	10 mg	
Total Fat	1 g	2%
Saturated Fat	0 g	0%**
Polyunsaturated Fat	0 g	+
Monounsaturated Fat	0 g	+
Cholesterol	5 mg	2%
Vitamin E (as d-alpha tocopherol)	1.1 IU	4%
Fish Oil	1 g	+
Total Omega-3 Fatty Acids	300 mg	+
EPA (eicosapentaenoic acid)	180 mg	+
DHA (docosahexaenoic acid)	120 mg	+

**Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established.

Other ingredients: gelatin, glycerin, water.

Warnings: Ask a doctor or pharmacist before use if you are taking any drugs. Stop use and ask a doctor if you notice any side effects.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Store tightly in a cool, dry place.

Safety sealed: do not use if the imprinted seal under the cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

565v2.6

Item #26930 (100)



Distributed by: Weeks & Leo Co., Inc. Tel: (515) 276-1586