

# Ginger Capsules 500 mg

**Uses:** as a dietary supplement. Ginger may help maintain stomach comfort during digestion and traveling.\*

**Directions:** Adults: take 1 or 2 capsules three times daily.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule		% DV
Ginger (Zingiber officinale), powdered (root)	500 mg	**

\*\* % Daily Value (DV) not established.

**Other ingredients:** cellulose, gelatin, silica, vegetable stearate.

**Warnings:** Ask a doctor before use if you have a gall bladder disorder. Ask a doctor or pharmacist before use if you are taking a blood thinning (anticoagulant) drug. Stop use and ask a doctor if any adverse reactions occur.

**Keep out of reach of children.**

**If pregnant or breast-feeding,** ask a health professional before use.

**Close** tightly and store in a cool, dry place.

**Safety sealed:** do not use if the imprinted seal around the cap is broken or missing.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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